



Dr. Ramdas Avhad

FOUNDER & DIRECTOR

The most eminent and one of the famous Vaidya in the field of Ayurveda in India. He was the President of Maharashtra Ayurved Sammelan for 5 years & is Vice President of Prabha Ayurved Foundation. He is also Secretary of All India Ayurved Sammelan, Delhi. Along with this he is also Rashtriya Ayurved Guru since 10 consecutive years.

He is successfully treating patients since 36 + years with pure Ayurveda Treatment & has been awarded for it Nationally & Internationally.



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dravhadsayurveda.com
ayursai.com

SKILLS

- Gynecologist
- Skin Specialist
- Joint and spine specialist
- Treats Cardiac problems, Hypertension, Obesity,
- Strong Communication
- Leadership Qualities.

EDUCATION

BAMS (BACHELOR OF AYURVEDIC MEDICINE AND SURGERY)

Ayurved Seva Sangh, Nashik

Gold Medalist
(OCT 1986)

DPC (DIPLOMA IN PANCHAKARMA)

F.I.I.M (FELLOWSHIP OF INDIAN INSTITUTE OF MEDICINE)

ACADEMIC HONORS

- **BHARADWAI PURASKAR & GOLD MEDAL FOR FINAL B.A.M.S EXAM IN 1986**
- **GENERAL SECRETARY OF AYURVED MAHAVIDHYALAYA, NASHIK IN 1984-85**
- **VICE PRESIDENT - PRABHA AYURVED FOUNDATION MAHARASHTRA**
- **SECRETARY - ALL INDIA AYURVED SAMMELAN**
- **CHIEF ADVISER & EX- PRESIDENT - MAHA (MAHARASHTRA AYURVED HOSPITAL ASSOCIATION)**
- **ADVISER - MAHARASHTRA RURAL AIDS AWARENESS & RESEARCH CENTRE KOPERGAON**
- **HON. CHIEF AYURVED CONSULTANT - SAINATH RUGNALAYA, SHIRDI(FREE MEDICAL SERVICE SINCE 2002)**
- **HON. AYURVED CONSULTANT - SANE GURUJI AYURVED CHIKITSALAYA MALEGAON(NASHIK)**
- **EXECUTIVE PRESIDENT - DIABECON (INTERNATIONAL DIABETIC CONFERENCE) HOTEL TAJ, NASHIK-2006**
- **PRESIDENT - ORTHOCON(NATIONAL ARTHRITIS CONFERENCE) KOLHAPUR-2006**
- **PRESIDENT - NATIONAL CONFERENCE ON STRI ROG & INFERTILITY GOA-2007**
- **JOINT SECRETARY - PANACIA INTERNATIONAL CONFERENCE BANKOK-2009**
- **PANACIA INTERNATIONAL CONFERENCE DUBAI-2010**
- **TATHAGAT INTERNATIONAL CONFERENCE SRI LANKA & HONKONG-2011**

- **Life Member** - Akhil Bharatiya Ayurved Mahasammelan
- National Integrated Medical Association (NIMA)
- International Society of Ayurved Physician & Teacher(ISAPT)
- International Society of Ayurved Physician & Teacher(ISAPT)
- National Academy of Panchakarma & Research (NAPAR)
- Board of Study (MUHS, Maharashtra)
- Associated member of IMA(Indian Medical Association)
- **Member** - Annasaheb Datar Panchakarma Chikitsa ,Sangli
- **Lectures**
- More than 1000 lecture delivered in various Ayurveda conference all over India & abroad, Live & Online.
- **Participation**- More than 300 free medical checkup Health camp in various part of Maharashtra.
- **Organiser**
- Successfully organised more than 25 National, state level Ayurved conference at Maharashtra, Madhyapradesh & Goa.
- **Publication** -More than 100 practical oriented Articles published in various Newspapers, Magazines & Ayurveda Journals.
- **Book**
- **Ramdaskruta Panchakarma Bodh** Book published in Marathi as well as in Hindi (Two Editions)
- Currently a New Book in progress & is going to get published in December 2023.

AWARDS & PUBLICATIONS

- • Gold Medal and Bharadwaj puraskar - 1986
- • Dr. T.M.Gogate Panchkarma Bhishak Puraskar - 1994
- Late Vaidya Lavagankar Shastri Panchakarma Bhishak Puraskar
- • -2003(Vaidya Khadiwala vaidyak sanshodhan Sanstha, Pune)
- Dr Late J.D.Apate Ayurved Seva Puraskar-2006
- • (Varna Sanshodhan Charitable Sanstha, Sangli)
- • Shahu Phule Ambedkar Ayurved Chikita Puraskar, Nanded-2006
- • Panaesia International Excellence Award, Maurisius, January2007
- • Ayurved Ratna Puraskar -2008(D.Desh seva-The News line,Panel)
- • Rashtriya Ayurved Guru - 2010(Rashtriya Ayurved Vidhyapeeth, New Delhi)
- • Tathagat International Excellence Award, Hongkong-2010
- • Ayurved Seva Puraskar-2011(Gandhi Charitable Trust, Seva gram)
- • Shabdagandga Sahitya Puraskar - 2011(Ramdaskruta Panchakarma Bodh book)
- • International Ayurved Bhushan Puraskar -2012 (Dirghayu International)
- Ayurved Chintamani Puraskar-2013 (Siddhakala Ayurved Mahavidhyalaya)

- Sandu Ayurved Bhushan Puraskar - 2014
- Dhanvantari Jeevan Gaurav puraskar(NIMA-Pimpri Chinchawad)-2014
- Rashtriya Ayurved Guru (Rashtriya Ayurved Vidhyapeeth)- 2015
- Janiv Puraskar (Dodiya Pratisthan)-2015
- Shri Bhuvaneshwari Seva Chudamani Puraskar,
- Shri Bhuvaneshwari Peeth , Gondal, Gujarat-2015
- Ashadeep Nirmitti Seva Sadan Puraskar-2015
- Ayurved Chintamani award - 2015
- Bandumadhav Puraskar - Vidyanand lab , Mumbai
- Shivratna puraskar , Shirdi - 2018
- Maharashtra Bhushan Puraskar - dai. divya marathi news paper - 2019
- Medical Excellence Award, dai. divya marathi news paper - 2019
- International Excellence Award, Ayush Ministry, Indian Government - 2019
- Divya Marathi Arogya Seva Award - 2021
- Dr. Padmawar Ayurved Bhushan Award - 2021
- Sahitya Darshan Award - 2021
- Guruchintamani Award - 2022
- Dnyansagar Smriti Award - 2022
- Dhanvantari Award (Nature fit, Mumbai) - 2022
- Tatkal Gunkari Ayurvedic Panchakarma Upchar: - Agnihotra chikitsa, Ayurved Patrika ,Sugandha Sarita, Ayurdhara.
- Ayurvedane yam darbaartun parat alela rugana:- Ayurved Patrika, Sugandh sarita, Agnihotra chikitsa, Vaidyakiya varta,
- Atyayik chikitsa (Emergency) and Panchakarma: Arogyadhara, Sugandh sarita, Ayurved patrika ,Agnihota chikitsa
- Ayurvedane Vyadhikshamata vadhate:- Ayurved, Sugandha Sarita, Arogyadham, Agnihotra Chikitsa
- Khara Ayurved mhanaje Panchashodhan Kriya:-Agnihotra chikitsa, Sugandha sarita,Ayurved Patrika,Ayurvedvarta
- Vamana Karma-Ayurvedati ek khatrishir upay:-Dhirghayu, Ayurved Patrika, Ayurved dhara, Sugandh Sarita, Agnihotra Chikitsa
- Basti-Ayurved vyavasaikana dilasa Denari Chikitsa :- Sugandha Sarita, Agnihotra chikita, Ayurved dhara
- Virechan Chikitsa sadyakalat upayukta tharu pahanari Ayurvedic Chikitsa :- Ayurved Patrika ,Sugandha Sarita ,Agnihotra Chikitsa
- Raktamokshana-Ayurvedatil sadhyakalat kasotis Patra Tharnari safal Chikitsa:-Sugandha Sarita ,Ayurved patrika , Vadyakiya varta, Arogyadham
- Raktapitta And Panchakarma:-Dhirghayu, Ayurved Patrika, Agnihotra chikitsa,

- Nasya Chikitsa-Ayurvedati ek Yashasvi Karma:-Arogyadham, Ayurved Patrika, Sugandha Sarita, Agnihotra chikitsa
- Ayurvedati Upkarmachi Upayuktata :-Sugandha Sarita, Ayurved Patrika Agnihotra chikitsa, Ayurved varta etc.
- Uttar Basti & Shalya karma Asadhya Vyadhi:-Agnihotra chikitsa, Sugandha sarita, Arogyadhara, Ayurved Patrika
- Matimandata And Ayurvedokta Panchakarma chikitsa :-Ayurved vrta, Sugandha sarita ,Ayurved patrika
- Manovikar And Ayurved :-Sugandha Sarita ,Ayurved patrika, Arogyadham, Agnihotra chikitsa
- Panchakarma and General Practice:-Ayurved Patrika, Sugandha Sarita , Agnihotra chikitsa, Ayogyadhara
- Panchakarmatil Vyapad(Panchakarmamule anubharlelya Atyayik Rugnavastha):-Ayurved patrika ,Agnihotra chikitsa ,Vaidyakiya varta, sugandha satita
- Madhumeh And ayurved:-Ayurved patrika ,Sugandha sarita, Agnihotra Chikitsa, Arogya dhara
- Strirog And Ayurved:-Ayurved Patrika, Agnihotra Chikitsa, Sugandha Sarita.
- Dirghayu
- Rasayan Chikitsa-Sadhyakalatil Swasta Pranatu Upayukta chikitsa :-Ayurved Patrika, Sugandha Sarita, Agnihotra chikitsa, Dirghayu

LANGUAGES

English
Hindi
Marathi
Gujrathi
Marwari

OTHER

- Establishment of more than 100 Ayurved clinics and students are all over Maharashtra & out of Maharashtra.
- Pioneer & Initiative role to start Ayurved Panchakarma department in famous divine place Sainath Hospital Shirdi in 2003.
- Every Thursday free panchakarma medical services given by me regularly.
- Took initiative part to Promote Panchakarma Instruments in routine Ayurved Practice in Every way.